

REST . RELAX . RESTORE

inspired by nature,
infused with
native botanicals,
embark on a
spa journey with
iKOU...truly
immerse and
spoil your soul

iKOU

ONLY iKOU

Our experts combine signature techniques with high-performance iKOU skincare from Australia's Blue Mountains to create the perfect, bespoke treatment for you.

WHITE FLANNEL FLOWER SANCTUARY RITUAL (105 MINS)

Unwind and allow your body to enter a state of deep relaxation. Inspired by the beauty of the Australian White Flannel Flower, this ritual is a complete head-to-toe degustation of pampering.

Commencing with a Coconut and Jasmine body polish and a hydrating body cocoon, followed by a relaxing facial, masque infusion and foot restoration, organic iKOU ingredients will restore a radiant all-over glow.

\$290

WOLLEMI DREAMING RITUAL (120 MINS)

Breathe new life into the body and soul with this uplifting ritual. Feel time stand still and rest the mind with a calming Quandong and Bergamot Deep Conditioning Heated Scalp Cocoon and head massage.

A sea salt body scrub reveals radiant skin, whilst preparing the body for the benefits of a restorative, full body aromatherapy massage. The finishing touch is a Lemon Myrtle and Cucumber foot masque and massage, leaving you feeling completely renewed.

\$350

WHITE FLANNEL FLOWER ANTI-AGEING FACIAL (90 MINS)

This high-performance facial delivers visible anti-ageing results. Radiant skin is revealed with an AHA and BHA Australian Desert Lime Face Polish. Followed by toning and firming of the skin, hydrating and boosting collagen using active, organic ingredients, serums and masques. Australian plants, fruit and flower extracts are infused into the skin and boosted with an acupressure facial massage.

This facial incorporates aromatherapy scalp, foot, arm and lower leg massage with Australian White Flannel Flower.

\$295

DE-STRESS ORGANIC FACIAL (90 MINS)

Stress has a powerful effect on ageing and skin sensitivity. This calming, restorative facial focuses on collagen regeneration, whilst nourishing and rebuilding skin elasticity using organic and wild-harvested Australian fruit and flower extracts.

This facial incorporates aromatherapy scalp, foot, arm and lower leg massage with Geranium, Lavender and Clementine for a deeply relaxing experience.

\$295