SHE'S BACK
And she's not afraid to make a splash
We’re back!

It’s a true pleasure to be your host in paradise once again, and to introduce the new and exciting facilities that we have been creating over the past year.

From the brand-new Palm Grove area, to our enhanced restaurant offerings, rejuvenated spa, transformed rooms, and so much more, let us guide you through our breathtaking new resort and make you feel at home.

Although a lot has changed, at least one thing remains constant - that is the warm and personalised care of our dedicated Mauritian team, whom many of you have gotten to know over the years.

On behalf of everyone here, I trust you will enjoy this special time on resort, the beginning of One&Only Le Saint Géran’s newest and best chapter yet.

Thank you for being with us.

Charles De Foucault
General Manager
Long hailed as the iconic luxury retreat in Mauritius, One&Only Le Saint Géran has undergone an incredible transformation that retains all we have loved about her, and unlocks everything we imagined she could be. The exclusive feel of her private peninsula lives on, with a pristine beachfront and calm lagoon unlike any other resort on the island. Meanwhile, the fresh injection of style and energy brings you infinitely closer to the natural wonders that abound, and fortifies her position as the Mauritian icon of today.

A cool, contemporary, beach-inspired aesthetic weaves through every public and private area. From the original grand lobby to guest rooms, suites, and her breathtaking villa, features of Dutch colonial architecture are lovingly preserved, while Mauritian-sourced stone, traditional thatching, locally commissioned art, and oceanic palettes become part of her stunning re-invention. Mesmerising views are framed by disappearing glass and enjoyed al fresco on private terraces, in secluded spa gardens, and at our beautifully enhanced outdoor dining areas, from over-water pavilions to rustic beachside decks.

Her collection of renovated as well as brand-new restaurants incorporates gastronomic displays, open kitchens, and theatre-style cooking, nurturing the bond between our charismatic chefs, the fresh ingredients they use, and you, our guest.

Meanwhile, a range of ultra-modern facilities transforms our peninsula into a playground for both active discovery and mindful relaxation, with a cutting-edge fitness centre, Boathouse, and new family pool, alongside a heavenly spa and dedicated yoga space.

And as we discover the myriad of ways she celebrates her surroundings, we acknowledge that it’s inspired, from every angle, by people. Honouring the generations of men and women - employees and guests - who have woven a rich tapestry of memories into her soul, we invite you to discover her unrivalled new look, but most importantly we welcome you to become a part of her living legend.
MEET our world-class CULINARY TEAM

MARÇ DE PASSORIO
EXECUTIVE CHEF
We are delighted to welcome Celebrity Chef Marc de Passorio as the new Executive Chef at One&Only Le Saint Gérân. Overseeing our four diverse restaurants and artisan bakery, Marc brings over thirty years of international culinary experience to our shores, and a refreshing approach to the resort’s newly defined gastronomic journey.

Born in Central Africa, Marc began his prolific career in Reunion Island, just off Mauritius, before opening his first restaurant in the south of France in 2008. Just a year later, his efforts were spectacularly recognised with a Michelin star, after which he opened ‘Bistrot Gourmand’ in Valnages, a more casual, cozy dining spot that revealed his culinary vision to an even wider range of food aficionados.

With an expert knowledge of world spices and fresh Provençal flavours, his unique approach is perfectly suited to Mauritius with its rich cultural background. Wherever you dine on resort, we’re sure you’ll agree, a new dimension of flavour has now landed at One&Only Le Saint Gérân.

SIMON PACARY
EXECUTIVE PASTRY CHEF
Bringing a little refined sweetness into our lives, we are delighted to announce the appointment of Executive Pastry Chef Simon Pacary, a young but established face in the world of fine pastry, who brings ten years of premium experience to One&Only Le Saint Gérân.

Hailing from France, Simon found his calling at an early age, completing a classic pastry apprenticeship before letting his creativity take flight at a luxury patisserie in Montpellier.

MICHAEL BONGRAND
SOMMELIER
At One&Only Le Saint Gérân, our inspiring wine collection has been carefully researched, sampled, and balanced to perfection. Since 2011, we can thank our Sommelier Michael Bongrand, who has hand-selected more than 400 vintages to excite your palate and complement every dish.

Known for his innovative flair, we know you won’t be able to resist Simon’s delicacies, tempting us from morning until night.

We are delighted to have him back, offering you the very best of world wines to taste, to savour, and to celebrate.

Michael has enjoyed a rich and varied journey through the world of wine, travelling to international vineyards and meeting the planet’s most renowned sommeliers, who have taken him under their wings during his early training. He worked in several Michelin star properties before joining One&Only Le Saint Gérân, and in 2016, he temporarily left Mauritius to spend time in France, sourcing new producers to add to his secret portfolio…
EXQUISITE dining

TAPASAKE

As unique as its name, Tapasake is a breathtaking waterside restaurant that fuses the concept of Spanish tapas with exciting Pan-Asian flavours. From Korean BBQ to Indian Tandoor, the range of cuisine offers a unique journey every time you visit, while live cooking, from the Sushi Bar to the interactive Teppanyaki station, ignites your imagination with personally customised delicacies. Housed in a striking thatched structure upon stilts, Tapasake sits on the edge of our idyllic lagoon with over-water seating bathed in the glow of every sunset.

TAPASAKE: MOUNTAINS AND MIXOLOGY

Alongside the vibrant restaurant, overlooking the enchanting lagoon, an innovative collection of gastro-inspired cocktails is carefully prepared by our resident mixologist. Pull up a bar stool for a fun, interactive experience, or recline on one of the scattered over-water lounge seats, soaking up the chill-out sounds of the DJ and the magical mountain views.

PRIME

Serving only the finest Australian Angus and Wagyu beef, fresh local seafood, and ripe organic produce, PRIME is a celebration of honest seasonal flavours - carefully sourced and masterfully prepared. Headlined by Chef Vikash Coonjan, who has shaped cuisine at One&Only Le Saint Géran for almost twenty years, every mouthwatering meal is prepared to your taste, and savoured within the rustic-chic setting of PRIME’s transformed restaurant and new water courtyard.

A mesmerising open kitchen and tempting wine display capture your imagination within, adding to the relaxed, modern vibe of this decadent, ‘not to be missed’ dining experience.

TO MAKE A BOOKING AT TAPASAKE OR PRIME PLEASE CALL EXT. 0

Tapasake sits on the edge of our idyllic lagoon with over-water seating bathed in the glow of every sunset.

Open on selected days
Restaurant: 7pm - 10.30pm
Lounge: From 6.30pm
Dress code: Smart casual; gentlemen are kindly requested to wear long sleeves and trousers.

Prime

Open on selected days
Restaurant: 7pm - 10.30pm
Lounge: From 6.30pm
Dress code: Smart casual; gentlemen are kindly requested to wear button down shirts and long trousers, no jeans.

To make a booking at Tapasake or Prime please call Ext. 0
In our exquisitely refreshed, much-loved main restaurant, Chef Rakesh Sahye (who joined the family almost twenty years ago) designs an ever-changing selection of local and international specialities, prepared before your eyes at lively open kitchen stations. In the warm ocean air, beautifully re-modelled pavilions sit atop water features for delightful al fresco dining.

Wrapping around the central infinity pool, La Terrasse Bar offers a relaxed space to enjoy cocktails in or around the water by day, and to soak up live music by night, perfect for dancing across the illuminated pool, or singing along as you dine under the stars.

**ENTERTAINMENT**

Sit back, sip a cocktail, and take in the spectacular sunset, as La Terrasse Bar guides you seamlessly from day into night. Featuring Ingrid, Josie, and Stephan from the original ‘Famous 9’, our resident band Groove Avenue provides the ultimate soundtrack to your magical evening at One&Only Le Saint Géran.

Open daily. Breakfast: 7.30am - 11am Bar: from 9am. Dinner: 7pm - 10.30pm

Dress code: Breakfast: Casual; gentlemen are kindly requested to refrain from wearing sleeveless shirts. Dinner: Smart Casual; gentlemen are kindly requested to wear long trousers.
A serene place to relax; a stylish space to socialise; our brand-new lounge is the perfect place to bury yourself in a book, meet cherished old friends, and mingle with new.

The bright, contemporary interior is accented with local art and colonial touches, for an elegant feel that envelopes you in calm. A grand al fresco terrace opens up to incredible elevated views over the sparkling pool and ocean beyond; a captivating vantage point to watch the sun set and take in the resort’s happenings from above.

Complete with showers and spacious changing rooms, it offers a home away from your room, ideal for early arrivals and late resort departures. It’s also the place to plan the adventures of tomorrow - the inviting base for our knowledgeable concierge team who can tailor unique experiences on resort and beyond.

Open daily 7am - 11pm

L’ARTISAN

Nestled next to La Terrasse, our brand-new artisanal bakery offers the perfect haven to enjoy delicious light bites and coffee at any time of day. From fresh, creative salads, hand-made sandwiches and pastries, to sweet treats, barista-made lattes, and more!

Grab and go when the mood takes you, or stay and soak up the atmosphere of your welcoming ‘local café’.

Open daily
Breakfast: 7.30am - 10.30pm
Dress code: Breakfast and lunch: Casual; gentlemen are kindly requested to refrain from wearing sleeveless shirts. Dinner (from 7pm): Smart Casual; gentlemen are kindly requested to wear long trousers.
LA POINTE
Serving authentic, rustic lunches by day; hosting enchanting private celebrations by night; our new Palm Grove restaurant, La Pointe, is where fresh local seafood meets the beautiful beachfront of our northern shore. Within a charming thatched structure inspired by an old Mauritian sugarcane factory, our talented Chef Vinaye Baulroop grills the ‘daily catch’ over firewood and coconut for unrivalled island flavour. Savour at your leisure on the shaded lagoon-view deck, by the brand-new infinity pool, or directly on the beach for that incomparable ‘feet-in-sand’ feeling.

LA POINTE: APERO TIME
Whether it’s time to celebrate, or time to switch off, La Pointe Bar is the ultimate place to indulge in a little tropical refreshment.
Try one of our award-winning cocktails, expertly prepared by mixologists to your personal taste, as you recline in the expansive al fresco lounge and watch the sun set below the horizon. Light tapas tickle the taste buds, as you take in uninterrupted ocean views and sway to the sounds of live musical entertainment.

Open Daily
Lunch: 11am - 6pm
Bar: 9am - 7pm
Dress Code: Lunch: Casual; gentlemen are kindly requested to refrain from wearing sleeveless shirts.
At One&Only Le Saint Géran we’re blessed with a truly idyllic setting, along with an award-winning culinary team who create menus to be remembered. Put these two elements together, and we have the ultimate recipe for a private dining experience that is truly unforgettable.

Down on silver sands, where waves lap the shore, your candle-lit table awaits with Champagne on ice. Within the rich, ambient surrounds of our bohemian beach Tipi, laced with colourful silk cushions and a picnic blanket, ready to lounge. On the spacious sea-view terrace of your own private suite, where your loved ones can gather in utter seclusion. You choose the location, and we will ensure everything looks just as special as you’d imagined.

Guided by our world-renowned Executive Chef, Marc de Passorio, the perfect menu can be tailored exactly to your tastes and cooked ‘à-la-minute’ for supreme freshness. From all-time favourites to untried delicacies, the island’s unique heritage opens up new culinary avenues for you to explore.

Take your private dining experience to new dazzling heights, with a personal firework display or an enchanting musical duo, available for an extra charge.

For more information please contact our Concierge on Ext. 7655 24-hour advance booking required.

For a truly one-of-a-kind breakfast experience, enjoy a sunrise Champagne cruise on-board our luxury 33-foot speedboat.

Take to our sparkling, tranquil lagoon for the ultimate romantic dining experience. Creative cocktails and canapés await on-board our luxury speedboat, as you soak up the sunset glow behind sugarcane-covered mountains. Then indulge in a beautifully prepared, bespoke dinner that you planned in advance with the chef.

Let’s cast off to uncharted destinations, and discover the perfect secluded playground for a day of fun and relaxation. Snorkel in crystal-clear waters and lounge on soft sand as our team sets up an indulgent picnic filled with all of your favourite temptations. Mauritius never seemed so close, the world never felt so far.

Soak up views of our peninsula’s northern tip from the decadent surrounds of our luxury Tipi. Set on an idyllic stretch of secluded beach, it’s the ultimate retreat for family and friends. The striking exterior is hand-stitched with jewels that shimmer in the setting sun, while colourful cushions and textiles adorn the interior under a suspended Parisian glass chandelier. We recommend starting the evening with a fruity sunset cocktail, before savouring a bespoke dinner under the stars.

For a truly one-of-a-kind labels, welcome the rising sun in unparalleled style, with a beautiful breakfast cruise on-board our luxury 33-foot speedboat.

We will greet you with a glass of Champagne as you sail for the turquoise lagoon, taking in the stirring horizon, savouring a colourful continental breakfast.

From 6am - 9:30am – Max 6 persons

Surrounded by what seems like a thousand twinkling candles, within the secluded setting of our Boathouse Jetty, allow your personal waiter to serve the mouth-watering menu you created in consultation with our chef.

From 7pm onwards – Max 10 persons

Bohemian Chic Tipi

Soak up views of our peninsula’s northern tip from the decadent surrounds of our Tipi. Set on an idyllic stretch of secluded beach, it’s the ultimate retreat for family and friends. The striking exterior is hand-stitched with jewels that shimmer in the setting sun, while colourful cushions and textiles adorn the interior under a suspended Parisian glass chandelier. We recommend starting the evening with a fruity sunset cocktail, before savouring a bespoke dinner under the stars.

From 7pm onwards – Max 8 persons
exclusive

ONE&ONLY GUEST EXPERIENCES

DISCOVER A SIDE OF MAURITIUS YOU NEVER KNEW EXISTED WITH THESE ILLUMINATING EXCURSIONS AND HANDS-ON EXPERIENCES, DESIGNED EXCLUSIVELY FOR OUR GUESTS, AND TAILORED JUST FOR YOU.

ONE BONFIRE
Get ready for a full day of island fun, from a morning on the ocean to an evening on the shore. Your adventure begins on the jetty, where you’ll board our 55-foot Big Game Fishing boat and sail off to uncover where the best deep-sea treasures await. After the excitement of the morning, your afternoon calls for some indulgent restoration, with a blissful experience at One&Only Spa. Feeling brand new, a sunset celebration awaits, enjoying beautiful acoustic music around our crackling One Bonfire and enjoying the freshly grilled spoils of your morning at sea.

BORN TO BE WILD
Harley Ride with General Manager, Charles de Foucault
Hit the road to explore the sights of our beautiful island, with the wind in your hair and a rather expert guide! One&Only Le Saint Géran’s own General Manager, Charles de Foucault, teams up with Harley Davidson Mauritius to offer you an exclusive tour on two wheels, filled with his personal insights, favourite places, and memories. A Harley enthusiast, Charles has been riding since 1999 when he lived in California: “My first experience on a Harley was riding from Laguna Beach to Yosemite National Park, we spent a whole week on the road and I was hooked! Months later I had my own Softail Deuce which I kept for 10 years, moving it from Los Angeles to Korea to Bahrain and India.” These days, Charles favours a custom red Dyna Switchback, and relishes the opportunity to get out and share his passion with our guests.

MEET THE SHARKS
Allow Michele Giraudo, our Hotel Manager, PADI Divemaster and accredited SSI Shark Ecology specialist, to introduce you to our captivating Indian Ocean neighbours. Michele has been diving with sharks for the last ten years, and knows just where to go for the optimum experience. On-board our luxury Legend 33 speedboat you’ll head out to Fosse aux Requins (Shark Pit) and The Cathedral dive spot for a chance to meet up to fifty Grey Reef and White Tip Sharks, up-close in crystal clear waters. After two tank dives in these incredible environments, you’ll enjoy a relaxing picnic on one of the spectacular and secluded nearby beaches.

SHOP, COOK, AND EAT!
Amateur chefs and foodies - this is one for you! Along with our Celebrity Executive Chef Marc de Passorio, you’ll head out to the vibrant Flacq Market to fill up your shopping bag with colourful local groceries and delicacies. On your return, Marc will take you for a small detour to see what delights the fishermen have in store. Then it’s back to resort, to begin cooking up a storm under his expert guidance, while our Sommelier leads you through the perfect wine selection. Then of course, the pièce de résistance - sit down, enjoy the fruits of your labour, and reflect on your day of discovery.
FEEL LIKE ROYALTY

Enjoy a royal day out as you take to the ocean on-board a beautiful vintage boat used by Queen Elizabeth II. Built especially for her in the 1950’s, it originally served as her personal tender, and now is the perfect, elegant vessel for a full day of leisurely cruising around our lagoons and neighbouring islands. Your private skipper will guide you through the scenic highlights, stopping for a spot of swimming and snorkelling, even discovering an idyllic deserted beach where a fresh picnic lunch will be served.

THE REBUILDING OF ‘LE SAINT GÉRAN’

Become a part of the legend

Leave your own lasting legacy in Mauritius as you help build a model of the mighty ‘Le Saint Géran’ vessel, to be held in the island’s Marine Museum. Immortalised in Bernardin de St-Pierre’s famous novel, ‘Paul et Virginie’, the naval ship belonging to the French East India Company wrecked just off our coastline in 1744. One&Only Le Saint Géran has commissioned a replica in partnership with the museum, where construction is taking place over the course of a year. You will be able to add your own personalised piece, sign our exclusive Visitor Book, and will receive a small model of a traditional pirogue that you can personalise in the atelier – a lovely memento of your experience.
PORT LOUIS UNWRAPPED

Go beyond the scenes of our colourful island capital, as we offer privileged access to the city’s points of cultural interest, exceptional private spaces, impressive views, and inspiring local characters.

PORT LOUIS: OFF THE BEATEN PATH

Discover the hidden corners and celebrated icons of Port Louis during this 3-hour ‘off the beaten-path’ walking tour. Your knowledgeable private guide will enlighten you on the history and traditions of every area as you explore the streets and old workshops of the city. You’ll also have the chance to taste some local delights, showcasing the diverse Creole, Indian, Chinese, and African culinary influences.

PORT LOUIS: A HARBOUR STEEPED IN HISTORY

Let the history of ‘Old Port Louis’ come to life on this 3-hour walking and boat tour around the city’s harbour. As well as exploring the storied streets and taking in the port from the unique perspective of the water, you’ll enjoy an exclusive private tour of the Aapravasi Ghat Museum, a testament to half a million immigrants who were processed there between 1849 and 1923, now a UNESCO World Heritage Site and archaeological wonder.

PORT LOUIS: STREETS OF COLOUR

Since the launch of the Porlwi Festival in December 2015, the capital has become a playground for the island’s established and emerging artists. The result is a blend of diverse, inspirational street art that captivates you as you explore decorated paths throughout the city. After the delightful and informative walking tour has concluded (approximately 2 – 2.5 hours) you will be taken to the striking Citadelle Fort to enjoy a cocktail aperitif and take in the sunset over beautiful Port Louis.

INSPIRED BY ART

Delve into the famed artistic heritage of Mauritius, celebrating the island’s diverse languages, religions, ethnicities and cultural traditions. Your journey begins with a private audience with celebrated artist and collector, Salim Currimjee, at his gallery in the capital Port Louis, where you will learn more about the island’s artistic past and present, view pieces by contemporary artists, and enjoy an exclusive presentation of Salim’s own work. Following the tour, lunch will be served in the grounds of a beautiful French colonial mansion in the heart of the capital. Built in 1853, the property has been lovingly restored to its former glory as a private house, open exclusively to guests of One&Only Le Saint Géran.

TREK INTO THE WILD

Encounter first-hand some of the planet’s most successful conservation work as you head into the wilds of the island with your very own eco-ranger from the Mauritian Wildlife Foundation (MWF). Crossing valleys and protected nature reserves, climbing waterfalls and gorges in search of epic views, you’ll uncover indigenous flora and fauna, including the Pink Pigeon, Mauritius Kestrel and even giant Aldabra Tortoises. Along with the Echo Parakeet, these particular bird species have been rescued from the brink of extinction, and are a testament to the island’s incredible preservation efforts – a true delight to see, up-close, wild, and free.
ONÉ&ONLY SPA: BEAUTY AND WELLNESS

Offering an à la carte menu of specialised therapies, along with packages tailored to your personal goals and concerns, a range of holistic treatments await, designed to relax, restore, and leave you feeling brand new.

While you visit, be sure to enjoy our indulgent facilities, from the refreshing lap pool to the soothing sauna and steam room.

OUR TREATMENTS
Feel your cares sail away on the sea breeze when you experience our exquisite immersive treatments at OnéOnly Spa. Designed by world-renowned spa expert ESPA, each unique treatment combines the wisdom from traditional holistic therapies with the scientific power of the purest natural ingredients. Each results-focused experience is tailored to your specific needs helping you to have naturally beautiful skin and a renewed sense of inner calm.

BIOLOGIQUE RECHERCHE
Biologique Recherche methodology is based on over forty years of experience using innovative products and meticulous protocols. The fragrance-free products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds. A person has not only one but several skins. Our skin’s condition changes numerous times in a single day as well as during the course of our lifetime. Everyone’s personal Skin Instant® evolves dramatically throughout the course of the day.

Lastly, external factors such as climate, temperature, air-conditioning, tobacco, pollution, as well as internal factors such as stress, hormones, hygiene and age, all affect the skin. This explains the importance of properly diagnosed Skin Instant®.

Biologique Recherche professionals are trained to analyse all these variables and advise women and men on the treatment that is best suited to their particular Skin Instant®.

VISITING PRACTITIONERS
Enjoy one-to-one consultations with the world’s leading wellness experts as part of our OnéOnly Spa’s ‘Visiting Practitioners’ programme.

Covering a range of disciplines, from acupuncture and Pilates to traditional herbal medicine and personal healing, the programme invites renowned international specialists to illuminate guests and offer personalised treatment.

Many guests have returned to OnéOnly Le Saint Géran especially to re-visit our expert practitioners, so we welcome you to come and discover your personal path to wellness, learning from the best of the best.

HARMONIA BY FRANCESC MIRALLES
Life is busy but finding time to look after yourself is vitally important. If your mind and body feel like you need to hit the reset button, Harmonia by Francesc Miralles is the perfect place to start. The Harmonia method draws on Eastern and Western philosophies to bring you personalised nutrition plans, postural balance, detoxifying experiences, spirituality, mindfulness and relaxation. Lay the foundations for long-lasting wellbeing.

Francesc Miralles is a celebrated practitioner of traditional Chinese medicine, a published author, physiotherapist and well-being consultant. The Harmonia method was awarded ‘Best Indian Ocean Detoxifying Programme’ by Harper’s Bazaar Singapore in 2014. Harmonia is available both in personalised packages and à la carte treatments.

YOGA

COMPENSATORY CLASSES

HATHA YOGA
Improve strength, flexibility, and balance at a range of classes designed for all levels. These expert-led sessions include calming sequences of asanas (postures) and breathing exercises designed to release body tensions.

VINYASA YOGA
Learn to connect your breath to each physical exercise, in a style of yoga that uses the momentum of flowing movements to enhance flexibility, mental focus, cardiovascular conditioning, and muscle development.

MAT-BASED PILATES
Pilates focuses on what founder, Joseph Pilates, called the ‘powerhouse’, often referred to as ‘the core’. Every movement utilises abdominal, back, buttock and upper leg muscles, whilst adhering to principles of concentration, fluidity, balance, centring, breathing, and control.

Private sessions in the form of one-to-one classes, couple classes, and small-group classes can also be arranged for a nominal fee.

RANKED AMONGST THE BEST OVERSEAS HOTEL SPAS

CONDÉ NAST TRAVELLER AWARDS 2016: READER’S TRAVEL AWARDS (UK)

For more information on complimentary and private yoga please contact Club One EXT. 7658
The uniqueness of Bastien Gonzalez’s concept lies in the fusion of well-being and natural beauty. Bastien is internationally renowned for his distinctive approach to foot treatments along with his sensual ‘Révérence de Bastien’ range of products for feet, hands, and nails.

Due to his professional expertise and experience as a French podiatrist, he designed and developed our exclusive and multi award-winning treatments. Experience the Pedi:Mani:Cure Studio by Bastien Gonzalez – the Winner of World’s Best Nail Studio Brand 2015 & 2016 at the Annual World Spa Awards.

Whether you wish to reinvent your look, indulge in some tropical TLC, or to try something spectacular for a special occasion, our resident stylist can assist you with a professional cut, colour, ombre, balayage, ‘up’ styles, blow-dries and much more.

We use Kérastase products at the salon, which are known for delivering expert hair care, beginning with a four-step hair diagnosis and complimentary consultation, essential to personalised treatment. Simply relax and enjoy the experience.

ONE&ONLY HAIR SALON

CONDITIONING HAIR TREATMENTS & RITUALS

When your hair needs a little extra attention, we have an extensive range of in-salon prescription treatments that can be added to any appointment. Treatments range from a quick fix moisture boost to our reparative split-end treatment.

ONE&ONLY Hair Salon
Open daily from 10am - 8pm
For more information please contact our Spa EXT. 7623

PEDI:MANI:CURE

by Bastien Gonzalez

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Due to his professional expertise and experience as a French podiatrist, he designed and developed our exclusive and multi award-winning treatments.

Experience the Pedi:Mani:Cure Studio by Bastien Gonzalez – the Winner of World’s Best Nail Studio Brand 2015 & 2016 at the Annual World Spa Awards.

PEDI:MANI:CURE by Bastien Gonzalez
Open daily from 10am - 7pm
For more information please contact our Spa on EXT. 7620
Club One is the exciting new hub for all things active. Set amongst lush surrounds at the north of the peninsula, it features a state-of-the-art indoor and outdoor fitness centre with dedicated spaces for group fitness favourites and world-class sporting grounds. Alongside a refreshing juice bar, there are endless vantage points to soak up the vibrant spirit that unfolds around you. The area is also home to our ground-breaking recreational centres for KidsOnly and One Tribe, offering our young guests a range of inspiring, tailored activities.

CLUB ONE: FITNESS CENTER
The combination of an exquisite training environment and dedicated fitness team makes the experience at Club One truly special. Fully equipped with Technogym® Unity 3.0, Skillmill™ Connect, Kinesis Stations, Omnia 3, and Flexability™ we have everything required for effective cardio, weight and resistance training. Two brand-new studios are home to group classes including Yoga, Zumba, TRX®, Kick Boxing, HIIT, and Spinning, while our outdoor training area by My Equilibria introduces a new approach to working out in the fresh sea air.

ONE-TO-ONE
Our philosophy is to inspire a personalised, goal-oriented journey you can easily integrate into your daily life.

PERSONAL TRAINING
30/60/90 Minutes
Enjoy a focused session that revolves around your specific strengths and needs. Our personal trainer will help build motivation for regular exercise and give interactive feedback to make the most of your time at our resort.

ASSISTED STRETCHING
30 Minutes
Eliminate tightness in the body and ease associated ailments, while improving your overall flexibility and feeling infinitely more relaxed.

CORE STABILITY
30 Minutes
Improve balance and stability through this targeted session to strengthen the muscles of the abdominals, trunk and pelvis. Exercises range from simple and traditional to more complex, introducing Swiss Balls, BOSU®, and medicine balls, and all will be tailored to your ability.

BOXING
30 minutes
One of the most effective forms of exercise, combining cardio with resistance, coordination, and even stress relief, this session will cover boxing skills using pad work and body weight exercises, high repetitions, and relatively short recoveries. The session ends with an assisted stretch.

SWIMMING
30/60 minutes
Become a more confident and skilled swimmer with an expert one-to-one session that will focus on improving your stroke technique, learning new strokes and skills, and optimising your ongoing training.

RUNNING PARTNER
60 minutes
Whether you are preparing for an endurance event or simply enjoy letting loose outdoors, your running partner will accompany you on a journey that is tailored to your preferences and fitness level. Your heart rate will be monitored throughout the run, and the session will end with a relaxing cool down and stretch.

HEALTH AND FITNESS PACKAGES
Following a fitness consultation, your personal trainer will help you find the perfect balance of physical activity to suit your needs and goals, using a variety of modalities.

Two packages are available:

• Kick Start Personal Training Package – 4 Hours
• The Complete Personal Training Package – 7 Hours
CLUB ONE: GROUP FITNESS CLASSES

BOOTCAMP OUTDOOR FITNESS TRAINING
Suitable for all levels, this is an excellent platform if you are looking to burn calories, gain muscle strength and muscle endurance, within a supportive team atmosphere.

TRX® GROUP TRAINING
Invented by a Navy Seal to keep troops fit as they travel, sessions involve the use of hanging bands to engage in pull and push motions. Suitable for all levels, the class is versatile, low impact, engages the whole body, and is ideal for improving cardiovascular endurance and strength.

MY EQUILIBRIA TRAINING
Enjoy an outdoor workout with a difference. My Equilibria tears down the boundaries between art, the environment, and wellness, using innovatively designed equipment that becomes a feature of your surroundings. Excellent for improving strength, agility, balance, and cardiovascular endurance, you’ll thrive on the opportunity to challenge your limits.

GROUP SPINNING CLASS
Discover the world’s first and only indoor cycling bike that tracks each workout, enabling users to improve their performance through a totally immersive riding experience. It combines unique design with cutting-edge connectivity, so you can work out with ease and feel great.

COMPLIMENTARY GROUP CLASSES INCLUDE:
• Stretch & Relax
• Express Core
• Water Conditioning (aquafitness)
• Outdoor Fitness Initiation by My Equilibria
• Zumba

PADEL BY FORMER DAVIS CUP CHAMPION, HENRY LECONTE
Come and be a part of the fun Padel phenomenon on Mauritius’ first ever courts. No experience is required for this easy-to-learn sport that encourages teamwork and is suitable for all levels of fitness. Padel rackets are available at the guest counter in Club One. Open daily from 7am - 8pm

PRIVATE COACHING: TENNIS AND PADEL
60 minutes
Take your game to new heights with some one-on-one tuition. Our resident Tennis Pro will guide you in tailored tennis or padel lessons, constructively perfecting your stroke, posture, and other aspects of play.

TENNIS
Enjoy a spectacular level of play on our three floodlit tennis courts, challenging your friends and family. A professional tennis coach is on hand for some expert tuition, or even to play a match. Open daily from 7am - 8pm

OTHER ACTIVITIES
Club One offers a wide range of other activities that can be enjoyed by guests of all ages:
• 9-hole mini golf
• Bowfighter archery combat (peak season or by request)
• Table tennis
• Beach soccer
• Beach volleyball
• Giant outdoor games including jenga, chess, checkers and connect 4
• Guided cycling tours
• Open water swims
• 5 km morning runs

CLUB ONE: YOUTH FITNESS
One&Only Le Saint Géran is committed to helping parents establish a healthy foundation of exercise and nutrition for their children and teenagers, all within a context they can enjoy.

SWIMMING LESSONS
30 minutes
Skills and confidence in the water will come on leaps and bounds within the fast-learning environment of personalised swimming lessons. Three levels are available, each with their own set of criteria and goals:
• Level 1: Starfish
• Level 2: Octopus
• Level 3: Dolphin

OUTDOOR PERSONAL TRAINING
30 minutes
Out in the fresh air, your child will enjoy an energetic programme that promotes hand/eye coordination, stretching, cardiovascular endurance, light strength training, and creative movement, setting a precedent for a healthy future lifestyle.

CLUB ONE: Guided Cycling Tours

SWIMMING LESSONS
30 minutes
Skills and confidence in the water will come on leaps and bounds within the fast-learning environment of personalised swimming lessons. Three levels are available, each with their own set of criteria and goals:
• Level 1: Starfish
• Level 2: Octopus
• Level 3: Dolphin

OUTDOOR PERSONAL TRAINING
30 minutes
Out in the fresh air, your child will enjoy an energetic programme that promotes hand/eye coordination, stretching, cardiovascular endurance, light strength training, and creative movement, setting a precedent for a healthy future lifestyle.

BOXING
30 minutes
Our young guests will learn that exercise truly can be fun with this interactive session that improves fitness, coordination, and promotes an active lifestyle.

NIPPER PROGRAMME
5 hours
Give your little ones the best start in water safety with The Nipper Programme, a junior lifeguard awareness programme run regularly in South Africa, Australia, and the UK. Suitable for ages 11-15, kids can complete the 5-hour programme over a period of five days, covering swimming skills, water and beach safety, basic first aid and life-saving, fitness, teamwork, and nutrition.
CHILDREN WILL LOVE THE INSPIRING SPACE CREATED JUST FOR THEM AT CLUB ONE. WITH A FUN-PACKED DAILY PROGRAMME THAT FOCUSES ON NATURE, LOCAL CULTURE, SPORTS, ARTS AND CRAFTS, THEY WILL STAY ACTIVE AND ENTERTAINED UNDER THE SUPERVISED CARE OF OUR COUNSELLORS.

ONE TRIBE TWEENS (11-12 years) open daily from 10am - 11pm. One Tribe Teens (13-17 years) open daily from 10am - 7pm. For more information please contact EXT. 7716. Please note that most activities are complimentary, though select experiences are chargeable.

ONE TRIBE

UNDER THE DISCREET WATCHFUL EYE OF OUR TRAINED COUNSELLORS, ONE TRIBE WELCOMES TWEENS AND TEENS (FROM 11-17 YEARS OLD) WITH THEIR VERY OWN CHILL-OUT SPACE, LOCATED IN THE NEW CLUB ONE.

With a jam-packed programme of activities, competitions, and social celebrations, our young guests will have the time of their lives, letting loose, making friends, and discovering new passions.

- Fitness boot camp
- Outdoor movie night
- Karaoke competition
- Henna lessons
- Virtual gaming
- Street basketball
- Excursions
- Treasure hunt at Domaine de l’etoile and much more!

KID’S COUTURE

Kit your little ones out with a unique fashion statement that will remind them of their time here at One&Only Le Saint Géran. Every Monday our talented seamstress is resident at KidsOnly, ready to create personalised couture. Select from our vast range of stunning African prints and, in consultation with our team, you can design a bespoke dress, romper, or two-piece item. Just a few days later your ensemble will be handmade and ready for a final fitting, in preparation for the much-loved ‘Kid’s Couture Fashion Show’.

EXPERT BABYSITTING SERVICES

Perfect for babies and toddlers under 3, but available for all ages, a professional babysitting service is available at a nominal fee (24-hour notice required).

KidsOnly (3-10 years) open daily from 10am - 10pm. For more information please contact EXT. 7711

KIDS ONLY AND ONE TRIBE
Relish a full-day out on the ocean with a dedicated crew and an itinerary designed just for you. Taking off on our luxury Legend 33 speedboat, we’ll visit the sights that thrill you most, from the beautiful beaches of Ile aux Cerfs to the snorkelling haven of Ile Plate. All the while our team will look after your every need, sharing their unique local knowledge and organising a beautiful picnic with refreshing cocktails and more.

**POOLS AND BEACHES**
Surrounded by vibrant coral reef, our entirely private peninsula offers two stunning coastlines where pristine white sands meet sparkling, swimmable waters. In the South, the vast Indian Ocean fringed by swaying palms; in the North, views of sugarcane-covered mountains and tranquil lagoon, perfect for trying the latest water sports. With a spectacular new family swimming pool at Palm Grove, an adult-only pool at La Terrasse, and a peaceful lap pool at One&Only Spa, everyone can have fun and relax in their choice of unique atmospheres.

**THE BOATHOUSE**
With a tranquil lagoon that longs to be played in, our revitalised Boathouse offers a range of exhilarating and relaxing water sports to tempt you into the blue.

Non-motorised water sports are complimentary with the exception of catamarans and kitesurfing.

- Kayaking
- Snorkelling
- Windsurfing
- Hobie Eclipse
- Hobie Cats
- Cycle pedalo
- Paddle board
- Water skiing
- Wakeboarding
- Flying fish
- Banana tube
- Glass-bottom boat
- 5* PADI dive centre (from novice to pro)

Open daily from 9am – 5pm in winter and 9am – 6pm in summer. Please contact our Concierge for more information 
EXT. 7655
At One&Only Le Saint Géran we can bring you closer to what lies beneath, with guided excursions and courses at our very own Dive Centre. Certified as a 5-Star Gold Palm Dive Resort and a 100% Project Aware Member, our professional PADI Instructors are just as passionate about teaching as they are about exploring the reef. Courses range from basic Scuba Demonstration for the completely uninitiated up to professional level Divemaster courses in English and French.

**PADI BUDBLEMAKER**
Created especially for children, young guests will learn to take their first breaths under water and use dive equipment under the direct supervision of a PADI Divemaster. Participants must be comfortable in the water but don’t need to be top level swimmers. The maximum depth will be 2 metres (6 feet). Suitable for 8 years and over.

**DISCOVER SCUBA DIVING**
In this introductory course you’ll start from the beginning, learning dive basics under the supervision of a PADI Divemaster. Taking your first breaths under the surface, you’ll also learn exercises and safety rules that will help you on your journey towards the Scuba Diver Course. Suitable for 10 years and over.

**SCUBA DIVER COURSE**
Take your first breaths under the inviting Indian Ocean at the culmination of this three-part course. You will have three confined water sessions (pool dives), followed by two open water dives (in the ocean), and finally a theory session to Scuba Diver level. This accreditation will allow graduates to dive up to 12 metres (40 feet) when accompanied by a Dive Instructor. Suitable for 10 years and over. Minimum 2 days for course completion.

**OPEN WATER COURSE**
Make the ocean your playground on completion of this three-part course, consisting of five confined water sessions (pool dives), four open water dives (in the ocean) and a theory session to Open Water level. This accreditation will allow graduates to dive up to 18 metres (60 feet) with only a dive buddy. Suitable for 10 years and over. Minimum 3 days at 8 hours per day for course completion.

**PRIVATE DIVE**
Whether you would like to explore the island, take off further afield for a private day trip, or even try a night dive, our Dive Centre team is on site to bring your adventure to life.

A medical check is not absolutely necessary, but should be considered if you have any medical conditions that may influence your ability to participate in any PADI courses or programmes.

Open daily from 9am - 5pm in winter and 9am - 6pm in summer. Please contact our Concierge for more information EXT. 7655

With abundant natural coral, vibrant sea life and fascinating ship wrecks, Mauritius offers an underwater kingdom that must be seen to be believed.
ISLAND
adventures

MAURITIUS IS HOME TO AN ARRAY OF ENTHRALLING ATTRACTIONS THAT ARE INSPIRED BY THE ISLAND’S NATURAL BEAUTY AND WIDE OPEN SPACES TO EXPLORE. AT ONE&ONLY LE SAINT GÉRAN, WE CAN DEVISE A PERSONALISED ITINERARY THAT INCLUDES THE THINGS YOU LOVE, AND WHAT YOU’VE NEVER TRIED BEFORE.

DOMAINE DE L’ETOILE ADVENTURE

Uncover a microcosm of Mauritius’ abundant flora and fauna at the captivating Domaine de L’Étoile. Extending over 1,200 hectares, it’s the biggest natural and private reserve on the island – a hub for adventure, from quad bike trails, to guided safaris, and horseback riding through breathtaking pathways. It famously boasts the longest zipline course in the world, and with 7 unique lines to choose from, you can soar through the skies and find the perfect view for you.

Participants must be at least 15 years old, 1.5 meters tall (4.9 feet), and deemed fit to participate.

Activities require 24-hours advanced booking. For more information please contact our Concierge EXT. 7655

MAURITIUS NATIONAL PAMPLEMOUSSES BOTANICAL GARDEN

Explore one of Mauritius’ most loved attractions, a vast oasis filled with over 650 plants including famous Baobabs, Giant Water Lilies, medicinal plants, and spices. Having opened as a private garden nearly 300 years ago, the garden showcases indigenous species and is a curator of others, with a key collection of 85 palm tree varieties brought from different corners of the planet. They say it could take you more than a week to explore the whole garden, but we can certainly reveal the highlights for as long as you choose to linger.

WALKING WITH LIONS AT CASELA PARK

Take advantage of this rare opportunity to walk with the ‘King of the Jungle’, an adventure you’re not likely to forget! During the hour-long experience with the lions, you’ll observe, up close, the natural behaviour of these majestic creatures, walking alongside the Rempart River under the expert guidance of professional animal handlers.

Participants must be at least 15 years old, 1.5 meters tall (4.9 feet), and deemed fit to participate.

Activities require 24-hours advanced booking. For more information please contact our Concierge EXT. 7655
**WOMENSWEAR**
Peruse our fabulous collection of day to night womenswear, with items by Italian fashion house, Missoni; Vogue favourite, Melissa Odabash; and pieces designed exclusively for One&Only by international designer, Marie-France Van Damme.

**ACCESSORIES**
There’s a show-stopping shoe for every occasion with our selection of impeccably crafted Aquazzura footwear. From ‘Sexy Thing’ booties to ‘Wild Thing’ sandals, you can put your best foot forward, day to night.

**MENSWEAR**
Discover a range of brands perfect for our relaxed tropical atmosphere, from 120% Lino’s colourful linens, to pieces by Onia, Sorensen, and Love Brand & Co. who are known for their work supporting endangered species in the wild.

**KIDSWEAR**
Celebrate the unique personality of your little ones with playful pieces by Stella McCartney Kids and Mini Rodini. Boys will love the colourful tees, while girls can choose from cool prints and even fun tutus. Don’t forget to look out for the adorable baby wear too.

Open daily from 10am - 7pm. For more information please contact EXT 0

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**JEWELLERY BY PARURE**
Savour an extensive display of 18 carat gold jewellery and Swiss branded watches at VAT free prices. You’ll also find a unique collection of Mauritian-designed and made pieces by fine jeweller, Poncini.
Open Monday to Saturday from 10am - 7pm. Closed on Sundays and Public Holidays.

**FLOWER SHOP**
From grand celebrations to intimate gestures, allow our friendly floral team to help you design the perfect arrangement of premium, fresh-cut flowers.
For more information please contact EXT 0
To book one of our meeting rooms please contact EXT. 0

LE SALON
Natural light fills this welcoming conference room, complete with the latest technology to host a flawless meeting, seminar, or conference. This versatile space includes an adjoining patio, perfect for refreshing break-outs.

Capacity: 80

COMPLIMENTARY SERVICES:
• Wi-Fi throughout all conference rooms
• PA system
• Data projector for PC
• Ceiling-mounted retractable projector
• Remote-controlled pull-down projection screen
• Fixed and wireless microphones
• Executive public-address system
• Audio visual system
• Video conferencing

EXECUTIVE BOARDROOM
This elegant boardroom opens onto a large terrace overlooking turquoise waters and is ideal for small meetings, conference calls, and recesses, featuring a plasma TV screen, state-of-the-art audio and recording systems, as well as refreshment facilities.

Capacity: 8

To book one of our meeting rooms please contact EXT. 0

WHY NOT STAY for ever?

OWN A SLICE OF PARADISE WITH ONE&ONLY PRIVATE HOMES, COMING SOON TO ONE&ONLY LE SAINT GERAN AND SELECT LOCATIONS WORLDWIDE.

Cushioned within the heart of the planet’s most spectacular destinations, framing iconic views and reflecting the unique character of every setting, One&Only Private Homes are architectural masterpieces that bring the sumptuous comforts of home to the enchanting location of your choice.

Available to own and to rent, they are cleverly designed to balance serene en-suite bedrooms with vibrant social hubs where you can lounge, relax, and entertain, enhanced by the warm, attentive service of our One&Only team.

Then beyond your front door, a captivating resort unfolds, filled with One&Only’s legendary dining and inspiring entertainment for all ages. As a Private Home owner you’ll enjoy priority reservations as well as a host of special privileges, including private Owner Lounges and exclusive events where you can truly feel part of your welcoming community.

All the while, the process of owning couldn’t be easier. From purchasing the property to letting, maintenance and concierge services, every detail is hassle-free and comprehensively managed. So whenever you return home, everything is perfectly as you left it, including the warm familiar faces who greet you as an old friend.

More will be revealed soon at oneandonlyresorts.com
Mauritius, land of rainbows, waterfalls, and shooting stars, was first sighted by passing Arab dhows as early as the 10th century. The Portuguese visited around 1510, but it was the Dutch who took possession in 1598, giving the island its present name in honour of their head of state, Prince Maurice of Nassau.

The island was a port of call for ships en-route to India and the East Indies, as well as a land base for pirates in the Indian Ocean. The Dutch introduced sugar cane which, in addition to tourism, remains a pillar of the Mauritian economy today, yet they deemed the colonisation unsuccessful, and abandoned the island in 1710.

In 1715 the French took over, renaming it “Ile de France” and eventually importing labour from Africa to work on the sugar plantations. With this migration, a love for rhythmic music and dancing was introduced to Mauritius and the ‘sega’ was born, a performance that is still a national tradition.

In 1810, after a failed attempt earlier in the year, the British conquered the island. It was not until 1968, over one hundred and fifty years later, that the country acceded to independence, becoming a Republic in 1992 and remaining a member of the Commonwealth.

Nearly five centuries after its discovery, this jewel in the Indian Ocean has evolved into a harmonious mosaic of cultures and religions and is home to just over 1.2 million inhabitants.
CONTINENTAL BREAKFAST
Breakfast with our compliments

JUICES AND SMOOTHIES (choice of one per person)
- Pineapple
- Passion fruit
- Guava
- Mango
- Mixed fruit
- Lychee
- Tamarind
- Lemon
- Orange
- Grapefruit
  - Spicy smoothie: passion fruit, bird’s eye chili and mint tea
- Exotic smoothie: pineapple, guava, lime and ginger

HOT BEVERAGES (choice of one per person)
- Hot chocolate
- Decaffeinated coffee
- Espresso
- Cappuccino
- Caffe latte
- Freshly brewed coffee

Tea selection
- Vanilla
- Exotic fruit
- Coconut
- Mauritian green tea
- Yunnan green tea
- Cardamom
- Jasmine
- Ceylon
- Peppermint
- Earl grey
- English breakfast
- Chamomile

Coffees and teas are served with your choice of the following:
- Full-cream milk
- Semi-skimmed milk
- Soy milk
- Almond milk
- Rice milk

BREAD BASKET (choice of two per person)
- Mini baguette
- Grain rye
- White toast
- Brown toast
- Gluten-free bread

Bread basket is served with a choice of jams or honey (two per person):
- Pineapple jam
- Banana jam
- Papaya jam
- Lychee jam
- Guava jam
- Mango jam
- Passion fruit jam
- Honey

CHEESES AND CHARCUTERIE (choice of two per person)
- Emmental
- Gouda
- Goat cheese
- Brie
- Blue cheese
- Fresh cream cheese
- Salami
- Parisian ham
- Mortadella

SELECTION OF FRESHLY BAKED PASTRIES (choice of two per person)
- Freshly baked croissant
- Brioche
- Pain aux raisins
- Chocolate bun
- Pastry of the day
- Pancake
- Waffle

YOGHURTS (choice of one per person)
- Plain yoghurt
- Fruit yoghurt
- Fromage blanc
- Low-fat yoghurt

Yoghurts are served with your choice of the following per person:
- Raw cane sugar
- Honey
- Light muscovado sugar
- Dark muscovado sugar
- Full-cream milk
- Semi-skimmed milk
- Soy milk
- Almond milk
- Rice milk

CEREALS (choice of one per person)
- Porridge
- Coco Pops
- All Bran
- Frosted Flakes
- Chocolate Crisp
- Honey cornflakes
- Chocolate cornflakes
- Sugar-free cornflakes
- Bran and grain
  - Homemade granola
  - Gluten-free muesli
  - Dried tropical fruit muesli
- Cereals are served with your choice of the following:
  - Full-cream milk
  - Semi-skimmed milk
  - Soy milk
  - Almond milk
  - Rice milk

FRUIT AND COMPOTES (choice of one per person)
- Melon
- Papaya
- Victoria pineapple
- Grapefruit
- Kiwi fruit
- Mango
- Fresh fruit salad
- Citrus fruit salad
- Apple and bourbon vanilla compote
  - Pineapple and molasses sugar compote
  - Mixed fruits and cardamom seeds compote

DO NOT HESITATE TO CONTACT IN-ROOM DINING CONCERNING ANY DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU. PRICES IN MAURITIAN RUPIES – VAT OF 15% INCLUDED.

RECOMMENDED BY CHEF MARC DE PASSORIO
- VEGETARIAN DISH
- PORK
- GLUTEN-FREE
- NUTS

6AM TO 11AM - SERVED WITH OUR COMPLIMENTS.
11AM TO 7PM - SERVED AT MUR 1,500 PER PERSON.
A TRAY CHARGE OF MUR 250 PER PERSON APPLIES FOR ALL BREAKFAST ORDERS.
PLEASE CONTACT EXT. 7635 TO ORDER.
**INDULGENT BREAKFAST**

Supplement of MUR 1,000 per person

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**BREAKFAST BOWLS**
(Choice of one per person)

- Cereals, fresh fruits and fromage frais
- Cereals, dry fruits and soft-boiled egg
- Fromage frais, smoked fish and lemon juice
- Fresh seasonal berries, almonds, nuts, cashews, sunflower seeds and banana

**EGGS**
(Choice of one per person)

- Fried – sunny side up
- Fried – over easy
- Poached
- Boiled
- Scrambled
- Eggs benedict
- Omelette

Eggs are served with a choice of three of the following per person:
- Bacon
- Pork sausages
- Ham
- Veal sausages
- Pastrami
- Fresh herbs
- Grilled tomatoes
- Fresh tomatoes
- Emmental cheese
- Mushrooms
- Onions
- Baked beans

**COLD AND EARTH CORNER**
(Choice of one per person)

- Smoked salmon
- Smoked marlin
- Smoked swordfish
- Iberian ham
- Parma ham
- Smoked beef gravlax
- Tofu sausages
- Thai sausages
- Bacon
- Cooked ham
- Chicken nuggets
- Veal and chicken sausages
- Cured ham from Auvergne

**SELECTION OF FRESHLY BAKED PASTRIES**
(Choice of two per person)

- Smoked salmon croissant
- Brioche
- Pain aux raisins
- Chocolate bun
- Pastry of the day
- Pancake
- Waffle

**JAPANESE AND RUSSIAN**
(Choice of one per person)

- Miso soup
- Tsukemon
- Congee rice
- Nigiri of the day
- Butterbrot
- Traditional syrniki
- Mom’s Siberian pelmeni with pork and beef
- Pelmeni kamchatka – king crab and cream cheese

**YOGHURTS**
(Choice of one per person)

- Plain yoghurt
- Fruit yoghurt
- Fromage blanc
- Low-fat yoghurt

Yoghurts are served with your choice of the following per person:
- Raw cane sugar
- Honey
- Light muscovado sugar
- Dark muscovado sugar

**CEREALS**
(Choice of one per person)

- Porridge
- Coco Pops
- All Bran
- Frosties
- Honey Snacks
- Choco Crisp
- Honey cornflakes
- Chocolate cornflakes
- Sugar-free cornflakes
- Bran and grain
- Homemade granola
- Gluten-free muesli
- Dried tropical fruit muesli

Cereals are served with your choice of the following per person:
- Full-cream milk
- Semi-skimmed milk
- Soy milk
- Almond milk
- Rice milk

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**KIDS’ BREAKFAST**

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**DO NOT HESITATE TO CONTACT IN-ROOM DINING CONCERNING ANY DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU. PRICES IN MAURITIAN RUPEES – VAT OF 15% INCLUDED.**

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**FRUITS AND COMPOTES**
(Choice of one per person)

- Melon
- Papaya
- Victoria pineapple
- Grapefruit
- Kiwi fruit
- Mango
- Fresh fruit salad
- Citrus fruit salad
- Apple and bourbon vanilla compote
- Pineapple and molasses sugar compote
- Mixed fruits and cardamom seeds compote

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**RECOMMENDED BY CHEF MARC DE PASSORIO**

- VEGETARIAN DISH
- PORK
- GLUTEN-FREE
- NUTS
ALL DAY & NIGHT MENU

STARTERS AND SOUP
ENTRÉES ET SOUPES

DO NOT HESITATE TO CONTACT IN-ROOM DINING CONCERNING ANY DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU. PRICES IN MAURITIAN RUPEES – VAT OF 15% INCLUDED.

PIZZA
PIZZAS

Local tomato gazpacho, Mauritian straw croutons
Gazpacho de tomates du marché, croutons maurois 750

Margherita – Tomato sauce, mozzarella, basil leaves
Margherita – Sauce tomate, mozzarella, feuilles de basilic 770

Vegetarian – Tomato sauce, mozzarella, local vegetables
Végétarienne – Sauce tomate, mozzarella, légumes du marché 790

Pasta
PÂTES

Bolognese spaghetti, fresh basil leaves
Spaghetti à la bolognaise, feuilles de basilic fraiches 960

Tagliatelles fraîches, pesto, pignons de pin grillés 1,060

Taglioni served with black truffles, truffle oil
Tagliatelles fraîches, pâtes, pignons de pin grillés 1,060

Taglioni served with black truffles, truffle oil
Taglioni à la truffe noire, huile de truffe 1,060

Fresh tagliatelle, pesto sauce, roasted pine nuts
Tagliatelles fraîches, pesto, pignons de pin grillés 1,060

Signature – Black truffles shavings, cream cheese, truffle oil
Signature – Coupes de truffes noires, crème de fromage, huile de truffe 1,650

Signature – Black truffles shavings, cream cheese, truffle oil
Signature – Coupes de truffes noires, crème de fromage, huile de truffe 1,650

Tagliatelles fraîches à la langue de veau, sauce spéciale Thermidor 2,000

Penne with fresh tomato sauce, fresh basil leaves, dried black olives
Penne à la sauce tomate fraîche, feuilles de basilic fraiches, brins d’olives noires séchés 680

Delicacies
KREOLE

Mauritian pumpkin gazpacho, shredded crab meat, crunchy vegetables
Gazpacho de girona (courge mauricienne), crudités de crabe, légumes croquants 950

Chicken curry, steamed rice, seasonal chutney
Cari Poulet, riz vapeur, chutney de saison 1,250

Daily fish curry, steamed rice, lentils, combava
Cari de la pêche du jour, riz vapeur, lentilles, combava 1,500

Selection of creole specialities: samosa, “bouchons”, bombons piment
Assortiment de spécialités créoles : samoussa, bouchons, bonbons au piment 1,150

Curry
CURRY

Smoked Mauritian marlin, grated ginger
Marlin fumé de l’île Maurice, gingembre râpé 1,030

Palm heart salad, olive oil, citrus
Salade de cœurs de palmiste, huile d’olive, citron 850

Local vegetable soup of the day
Soup du jour préparée avec les légumes du marché 700

Chicken Caesar salad, romaine lettuce, classic Caesar dressing
Salade César, romaine, sauce César d’antan 1,000

Local pickled vegetable salad
Salade d’achard de légumes du marché 760

Recommended by Chef Marc de Passorio

Vegetarian Dish

Gluten-Free

Nuts

FROM 11AM - 10:30PM.
A TRAY CHARGE OF MUR 250 PER PERSON APPLIES.
PLEASE CONTACT EXT. 7635 TO ORDER.

Life at One&Only Le Saint Géran | 65
ALL DAY & NIGHT MENU

ASIAN

Pork and shrimp dim sum platter (8 pcs), sakura salad
Assortiment de dim sum porc crevette (8 pcs), salade sakura
950

Chef’s special fried rice, egg, vegetables, lamb
Riz sauté à la façon du chef, oeuf, légumes, agneau
975

Vegetarian pad thai – Sautéed noodles, local vegetables, chilli, coriander
Pad thai végétarien – Nouilles sautées, légumes du marché, piment, coriandre
1,000

RUSSIAN

Pelmeni kamchatka – King crab and cream cheese
Pelmeni kamchatka – Crabe royal et fromage
1,100

Borsch soup – Beetroot, cabbage, potatoes, beef broth
Borsch – Betterave, chou, pomme de terre, bouillon de bœuf
800

Beef stroganoff – Slices of beef, mushrooms, tomatoes, fresh tagliatelle
Entrecôte de bœuf Black Angus à la plancha, pommes de terre grenailles, purée de bri ngelles
1,650

SANDWICHES AND BURGERS

Signature club sandwich – Mauritian smoked marlin, lettuce, tomato, French fries
Club sandwich signature – Marlin fumé de l’île Maurice, laitue, tomate, frites
950

Classic club sandwich – Roasted chicken breast, lettuce, tomato, bacon, egg, French fries
Club sandwich – Blancs de poulet grillés, laitue, tomate, bacon, oeuf, frites
850

Poultry ham baguette – Butter, grated ginger, mixed salad or French fries
Sandwich au jambon de volaille – Beurre, gingembre râpé, salade mixte ou frites
700

Chicken breast, old comté cheese, sweet potato purée
Blanc de volaille fermière juste cuit, vieux comté, purée de patates douces
1,300

RECOMMENDED BY CHEF MARC DE PASSORIO

VEGETARIAN DISH

Gluten-free

NUTS

DO NOT HESITATE TO CONTACT IN-ROOM DINING CONCERNING ANY DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU. PRICES IN MAURITIAN RUPEES – VAT OF 15% INCLUDED.

FROM 11AM – 10:30PM.
A TRAY CHARGE OF MUR 250 PER PERSON APPLIES.
PLEASE CONTACT EXT. 7635 TO ORDER.
ALL DAY & NIGHT MENU

FROM 11AM - 10:30PM.
A TRAY CHARGE OF MUR 250 PER PERSON APPLIES.
PLEASE CONTACT EXT. 7635 TO ORDER.

KIDS’ ALL DAY MENU

FROM 11AM - 10:30PM.
KIDS’ ALL DAY MENU IS SERVED WITH OUR COMPLIMENTS FOR ALL CHILDREN UP TO 5 YEARS OLD. A TRAY CHARGE OF MUR 250 PER CHILD APPLIES FROM 6-12 YEARS OLD.
PLEASE CONTACT EXT. 7635 TO ORDER.

| CAVIAR | CATAR | Caviar | 30g, blinis, lemon pickles  
|---|---|---|---|
| | | Caviar | 30g, blinis, condiments ciboule  
|---|---|---|---|
| | | Signature recipe | Caviar 30g, black bread tartine, bergamot cream, salted cognac  
| | | Recette signature | Caviar 30g, tartine de pain noir, crème à la bergamote, cognac salé  
| | | Russian style | Moscow style potato with caviar 15g, sour cream, shooter of vodka  
| | | A la Russe | Pommé de terre à la mouseline, caviar 15g, crème noire, choute de vodka  
| | | Depending on availability | Suivant arrivage  

| SWEET TREATS | SUCRERIES | Toffee apple  
|---|---|---|
| | | Pomme d’amour  
|---|---|---|
| | | Fairy bread | Margarine or butter, sprinkles or hundreds and thousands  
| | | Pain de fée | Margarine ou beurre, paillettes ou nonnupains  
| | | Chocolate and salted caramel selection  
| | | Assortiment de chocolats et caramels au beurre salé  
| | | CHEESE | FROMAGES  
|---|---|---|
| | | Selection of cheese, seasonal chutney, bread  
| | | Séléction de fromages, chutney de saison, pain  

| DESSERTS | DESSERTS | Pie of the day  
|---|---|---|
| | | Tarte du jour  
|---|---|---|
| | | Coconut crumble, exotic fruit mousse  
| | | Crumble à la noix de coco, mousse aux fruits exotiques  
| | | Guanaja 77% chocolate fondant, macadamia nuts  
| | | Fondant au chocolat grand cru Guanaja 77%, noix de macadamia  
| | | Tropical fruits pavlova  
| | | Pavlova aux fruits exotiques  
| | | Seasonal fruit platter  
| | | Assortiment de fruits frais de saison  
| | | Ice creams and sorbets | Mango, papaya, coconut, chocolate, pistachio, vanilla  
| | | Glaces et sorbets | Mango, papaya, noix de coco, chocolat, pistache, vanille  

| STARTERS | ENTREES | Tomato, straciatella, pesto  
|---|---|---|
| | | Tomato, straciatella, pesto  
|---|---|---|
| | | Ham, seasonal vegetable sticks  
| | | Hameaux, bâtonnets de légumes de saison  
| | | Parma ham, melon  
| | | Parma ham, melon  
| | | HOTDOG | HOTDOG  
|---|---|---|
| | | Chicken or pork  
| | | Poulet ou porc  
| | | BURGER | BURGER  
|---|---|---|
| | | Chicken or beef  
| | | Poulet ou bœuf  

| SOUP | SOUPE | Mixed vegetable soup, whipped cream  
|---|---|---|
| | | Soupe de légumes, crème fouettée  
|---|---|---|
| | | Chicken noodle soup  
| | | Bouillon de poule aux semouillettes  

| PASTA | PATES | Penne, spaghetti, alphabet, macaroni  
|---|---|---|
| | | With a choice of tomato, bolognese, cream & ham or pesto sauce  
| | | Pâtes, spaghetti, alphabet, macaroni  
| | | A la Russe | Pâtes, spaghetti, alphabet, macaroni  
| | | Russian style  
| | | A la moscovite, caviar 15g, crème aigre, shooter de vodka  

| SANDWICHES | SANDWICH | Chicken, mayonnaise  
|---|---|---|
| | | Ham, cheddar cheese  
| | | Jambon, fromage  

| FINGER FOOD | FINGER FOOD | Breaded chicken fingers  
|---|---|---|
| | | Rilmets de poulet pané  
| | | Sea bream fingers  
| | | Goujonnette de daurade  

RECOMMENDED BY CHEF MARC DE PASSORIO  

- RECOMMENDED BY CHEF MARC DE PASSORIO  
- VEGETARIAN DISH  
- PORK  
- GLUTEN-FREE  
- NUTS  

DO NOT HESITATE TO CONTACT IN-ROOM DINING CONCERNING ANY DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU.  
PRICES IN MAURITIAN RUPIES – VAT OF 15% INCLUDED.  

N’HÉSITEZ PAS À CONTACTER LE ROOM SERVICE POUR LL FAIRE PART DE VOS EXIGENCES ALIMENTAIRES. NOTRE ÉQUIPE SERA HEUREUSE DE VOUS ASSISTER. PRIX NETS EN Roupies MAURICIENNES – TVA DE 15% COMPRISE.
KIDS’ ALL DAY MENU

DESSERTS

- Charlie and the Chocolate Factory brownie
  Brownie de chez Charlie et la Chocolaterie (250)
- Super cute marshmallow lollipop
  Sucette de marshmallow trop choux (250)
- Fun fetti whoopie caramel cream
  Crème caramel (250)
- Fairy guanaja chocolate mousse
  Mousse au chocolat guanaja (250)
- Nutella pancake
  Crêpe au nutella (250)
- Ice cream selection, 3 scoops (chocolate,
  vanilla, strawberry, pistachio)
  Sélection de glaces, 3 boules (chocolat, vanille,
  fraise, pistache) (250)

PIZZAS

- Margherita, basil
  Tomate, basilic (300)
- Chicken, corn, broccoli
  Poulet, maïs, brocoli (400)
- Mini seafood pizza
  Mini pizza aux fruits de mer (250)

PIZZAS

- Sacré chien grand queue,
  a mauritian lagoon fish
  Poisson du lagon, sacré chien grand queue (450)
- Mauritian free range chicken breast label 60
  Blancs de poulet fermier mauricien label 60 (400)
- Australian beef tenderloin medallion
  Filet de boeuf Australien (450)
- Lamb cutlet marinated with herbs
  Côtelettes d’agneau mariné aux herbes (450)

PIZZAS

Served with a choice of French fries,
mashed potato, sautéed carrots with peas
and corn or steamed rice
Servis avec frites, purée, sauté de carottes petit
pois mais ou riz à la vapeur

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DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU.

HELPÉZ PAS À CONTACTER LE ROOM SERVICE POUR LUI FAIRE PART DE
VOS EXIGENCES ALIMENTAIRES. NOTRE ÉQUIPE SERA HEUREUSE DE VOUS
ASSISTER. FRIX NETS EN ROUPIES MAURICIENNES – TVA DE 15% COMPRIS.

INFANT & BABY FOOD

VEGETABLES

- Broccoli
- Carrots
- Potato
- Pumpkin
- Zucchini
- Spinach

MEAT AND FISH

- Chicken
- Beef
- Salmon
- Milk
- Yoghurt
- Fresh cream

PIZZAS

- Tomate, basilic (300)
- Poulet, maïs, brocoli (400)
- Mini pizza aux fruits de mer (250)
- Mousse au chocolat guanaja (250)
- Crêpe au nutella (250)
- Mini pizza aux fruits de mer (250)
- Sélection de glaces, 3 boules (chocolat, vanille,
  fraise, pistache) (250)

OTHERS

- Milk
- Yoghurt
- Fresh cream

RECOMMENDED BY CHEF MARC DE PASSORIO

- RECOMMENDED BY CHEF MARC DE PASSORIO
- VEGETARIAN DISH
- GLUTEN-FREE
- NUTS

FRUIT

- Banana
- Berries
- Apples
- Grapes
- Pear
- Mango

FROM 11AM - 10:30PM.
KIDS’ AND INFANT ALL DAY MENU IS SERVED WITH
OUR COMPLIMENTS FOR ALL CHILDREN UP TO 5
YEARS OLD. A TRAY CHARGE OF MUR 250 PER CHILD
APPLIES FROM 6-12 YEARS OLD.
PLEASE CONTACT EXT. 7635 TO ORDER.

LIFE AT ONE&ONLY LE SAINT GÉRAN | 71
SOUP
SOU-PES
Local tomato gazpacho, Mauritian straciatella Gazpacho de tomates du marché, straciatella Mauricienne 750

PASTA
PASTA
Bolognese spaghetti, fresh basil leaves Spaghetti à la bolognaise, feuilles de basilic fraîches 960

CURRY
CURRY
Chicken curry, steamed rice, seasonal chutney Cari poulet, riz vapeur, chutney de saison 1,250

CURRY
CURRY
Daily fish curry, steamed rice, lentils, combava Cari de la pêche du jour, riz vapeur, lentilles, combava 1,500

FISH
POISSONS
Smoked Mauritian marlin, grated ginger Assiette de marlin fumé de l’île Maurice, gingembre râpé 1,050

SANDWICHES AND BURGERS
LES SANDWICHES ET HAMBURGERS
Signature club sandwich – Mauritian smoked marlin, lettuce, tomato, French fries Club sandwich signature – Marlin fumé de l’île Maurice, laitue, tomate, frites 950

DESSERTS
LES DESSERTS
Toffee apple Pomme d’amour 350

SELECTION OF CHEESE
SÉLECTION DE FROMAGE
Selection of cheese, chutney, bread Sélection de fromage, chutney, pain 450

DO NOT HESITATE TO CONTACT IN-ROOM DINING CONCERNING ANY DIETARY REQUIREMENTS. OUR TEAM WILL BE HAPPY TO ASSIST YOU.

PRICES IN MAURITIAN RUPEES – VAT OF 15% INCLUDED.
## DRINKS MENU

A TRAY CHARGE OF MUR 250 PER ORDER APPLIES.

### MINERAL WATER
- Acqua Panna 75 cl: 120
- Vital 75 cl: 105
- Evian 75 cl: 150
- Sanpellegrino 75 cl: 130
- Vital sparkling 75 cl: 135
- Badoit 75 cl: 120
- Perrier 75 cl: 150

### JUICES
- Pineapple / Ananas: 100
- Passion fruit / Fruit de la passion: 100
- Guava / Guave: 120
- Mango / Mangue: 120
- Mix fruit / Cocktail de fruits: 120
- Lychee / Lizhi: 120
- Tamarind / Tamarin: 120
- Lemon / Citron: 210
- Orange / Orange: 220
- Grapefruit / Pomelo: 230

### MILKSHAKES
- Coffee / Café: 195
- Mango / Mangue: 195
- Mint / Menthe: 195
- Banana / Banane: 195

### ILLY COFFEE AND CHOCOLATE
- Hot chocolate / Chocolat chaud: 140
- Decaffeinated coffee / Décafféiné: 155
- Espresso / Espresso: 155
- Cappuccino / Cappuccino: 155
- Café- Latte / Café au lait: 155
- Freshly brewed coffee / Café fraîchement moulu: 205

### LOCAL TEA (LOOSE)
- Black tea / Thé noir: 110
- Vanilla tea / Thé à la vanille: 110
- Exotic fruit tea / Thé aux fruits exotique: 120
- Coconut tea / Thé à la noix de coco: 120
- Green tea / Thé vert: 130
- Cardamom tea / Thé Cardamome: 150

### INFUSIONS AND TEAS DAMANN FRERES (LOOSE)
- Jasmine: 150
- Ceylon: 150
- Peppermint / Menthe poivrée: 175
- Earl grey: 185
- English breakfast: 195
- Chamomile: 195
- Yunnan Green tea / Thé vert de Yunnan: 210

### SOFT DRINKS
- list of soft drinks available: 195

### CHAMPAGNE & WINES
- Champagne by the glass / Verre de champagne: 900
- Wine by the glass selected by our sommelier / Verre de vin sélectionné par notre sommelier: 550

### LOCAL BEER
- Phoenix: 230
- Blue marlin: 230
- Guiness phoenix: 280

### NON-ALCOHOLIC BEER
- Three horses: 300
- Bavaria: 345

### IMPORTED BEER
- Amstel: 225
- Carlsberg: 285
- Heineken: 295
- Sol: 325
- Desperados: 345

### VODKA
- Absolut blue: 455
- Poliakov pure grain: 500
- Belvedere: 560
- Beluga: 610

### GIN
- Beefeater: 395
- Bombay Sapphire: 400
- Tanqueray special dry: 415
- Mombasa club: 580
- Hendricks: 620

### LOCAL RHUM
- New grove plantation: 285
- Pink pigeon: 350
- Chamaré spices premium: 360
- Chamaré vanilla premium: 360
- Labourdomain premium: 375
- New grove old tradition 8 years: 575

### BLENDED SCOTCH WHISKY
- Grant’s Family Reserve: 410
- J & B Rare: 430
- Ballantine’s 12 years: 655
- Johnnie Walker Black Label: 660
- Chivas Regal 12 years: 660
- Chivas Regal 21 years Royal Salute: 2,580

### SINGLE MALT WHISKY
- Glenfiddich 12 years Double Wood Speyside: 660
- Laphroaig 10 years: 915
- Glenlivet 15 years: 945
- Ardbeg 10 years: 990
- Glenmorangie 18 years: 1,645

### AMERICAN & IRISH WHISKY
- Tullamore dew: 430
- Jack Daniel's honey: 490
- Jim Bean black: 510
- Jack Daniel's single barrel: 870

### COGNAC
- Hennessy VSOP: 845
- Rémy Martin XO: 1,650
- Armagnac cles des ducs VSOP: 665
- Cles des ducs XO: 1,125

### CALVADOS
- Boulard grand solage: 675
DESTINATIONS
1. ONE&ONLY PALMILLA, LOS CABOS, MEXICO
2. ONE&ONLY OCEAN CLUB, BAHAMAS
3. ONE&ONLY CAPE TOWN, SOUTH AFRICA
4. ONE&ONLY THE PALM, DUBAI
5. ONE&ONLY ROYAL MIRAGE, DUBAI
6. ONE&ONLY LE SAINT GÉRAN, MAURITIUS
7. ONE&ONLY REETHI RAH, MALDIVES
8. EMIRATES ONE&ONLY WOLGAN VALLEY, AUSTRALIA
9. ONE&ONLY PORTONOVI, MONTENEGRO*
10. ONE&ONLY SEEF, BAHRAIN*
11. ONE&ONLY MANDARINA, MEXICO*
12. ONE&ONLY SANTA MARIA DE XALA, MEXICO*
13. ONE&ONLY GORILLA’S NEST, RWANDA*

*Opening Soon